

**Has your job been affected by the coronavirus?**

**Are you looking for advice and guidance on what to do next?**

**We understand it's a difficult time for many, and if your job has been affected by COVID-19 the National Careers Service is available to help.**

The National Careers Service is operating remotely in order to protect everyone, providing free and impartial careers information, advice and guidance to our customers.

Our professional careers advisers provide tailored support, individualised for every customer - from helping them understand their own skills and strengths through to supporting a return to employment. Our advisers provide expert advice and guidance, equipped with the latest labour market and local job information.

For furloughed workers, and employers with furloughed staff we can also offer redundancy support and additional assistance.

**We help our customers:**

- Explore their career options and aspirations
- Understand the local job market
- Develop or enhance their CV
- Search and apply for local jobs
- Identify local volunteering opportunities
- Apply for training and online learning.

To make a free telephone appointment with one of our impartial careers advisers please call **0800 100 900**.

Lines are open 7 days a week between 8am - 10pm.

For further information visit [nationalcareers.service.gov.uk](https://nationalcareers.service.gov.uk)

 **0800 100 900**

 **@NationalCareersService**

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