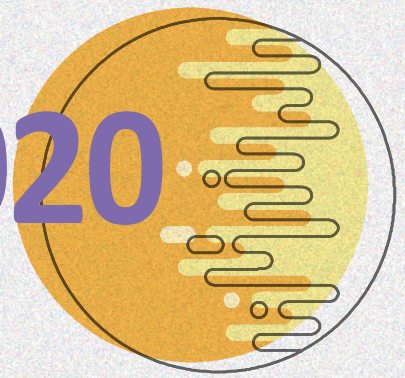


Refugee Week 2020



All dreams are equal.

Regardless of our background or life story, we all have dreams and aspirations for our and our families' future. This Refugee Week we invite you to explore and share your dreams. Choose one or both of our initiatives below and share what matters to you. At the end of the week, we will create an online collective exhibition of 'dreaminess'!

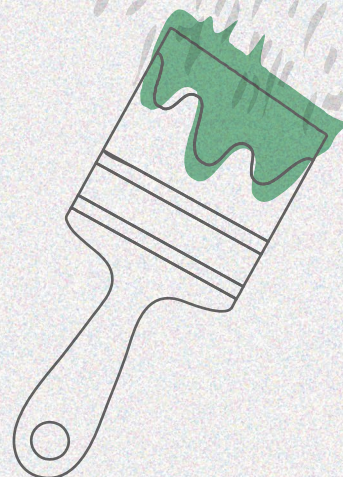
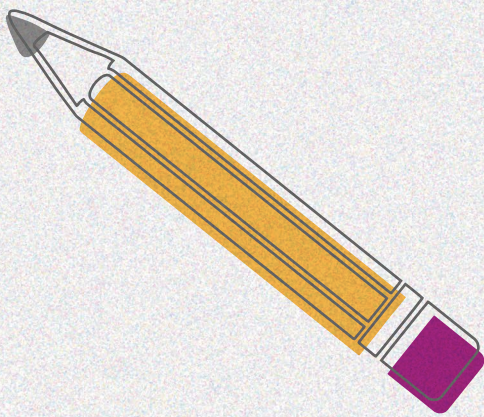


**our
dreams.**

a Migrant Help & ARTconnects collaboration

Our online tutorial is here to inspire you to create your dream picture. The award-winning artist Salma Zulfiqar will guide you in drafting your idea and arm you with some simple drawing skills and colouring methods.

Available from 15 June.



**my
dreams.**

your creations

Using our worksheet as your canvas, we invite you to get creative in sharing your dreams with the world. Whether it's a poem, piece of art, musing, quote or something else entirely, we want to hear from you!

We would love you to share your work with us. Please take a photo and send via WhatsApp or a message to 07967 632139, or email it to communications@migranthelpuk.org. Alternatively, drop your creation to the Migrant Help office in your local initial accommodation or give to a member of Migrant Help staff.

Alternatively, you can share your creation on social media, please tag us and **#AllDreamsAreEqual**.



For more details, visit bit.ly/MigrantHelpEvents

